

Online Resource List

Organization	Website
Ontario Coalition of Rape Crisis Centres	sexualassaultsupport.ca/get-help/
Draw the Line	https://draw-the-line.ca/
Scarleteen (Sex Ed for the Real World)	http://www.scarleteen.com/
Love is Respect	www.loveisrespect.org
Project Shift (Creating a Safer Digital World for Young Women)	www.projectshift.ca

Community Resource List

Sexual Assault Centre (SAC) Kingston	Crisis line: 613-544-6424 OR 1-877-544-6424	24 hour crisis and support phone line, online chat, and text Crisis support, counselling, education http://sackington.com/ https://www.webelievesurvivors.ca/
Addiction & Mental Health Services (AMHS)	613-544-4229 (Kingston & Frontenac crisis line) 613-354-7388 (Lennox & Addington crisis line)	Serves Kingston, Frontenac, Lennox, Addington 24 hour crisis line Crisis support, housing support, addictions and mental health services https://amhs-kfla.ca/
Kingston Interval House	Crisis line: 613-546-1777 OR 1-800-267-9445	Emergency housing and shelter Crisis intervention services are available on the phone and in person 24 hours a day, 7 days a week For women, children and youth who have experienced the impact of violence against women http://kingstonintervalhouse.com/
Dawn House Services and Housing for Women	613-545-1379 (Milford Drive) 613-545-9640 (Ridley Drive)	Affordable supportive housing, transitional housing, and wellness supports for women https://www.dawnhouse.ca/
Telephone Aid Line Kingston (TALK)	613-544-1771	Confidential, anonymous, non-judgmental, and volunteer-based telephone listening service Available everyday between 6pm and 2am http://www.telephoneaidlinekingston.com/
Sexual Assault/Domestic Violence Nurse (Kingston General Hospital)	76 Stuart St., Kingston 613-548-3232	Go to emergency room at hospital and ask to speak to SA/DV nurse Available 24 hours a day, 7 days a week http://www.kingstonhsc.ca/emergency-care/sexual-assault-and-family-violence
Kingston-Frontenac-Lennox & Addington Public Health	613-549-1232 ext. 1275	Sexual health quick test clinic (221 Portsmouth Ave., Kingston; Tuesdays & Thursdays 1pm-3:30pm; STI testing for those with no symptoms, no appointment necessary) Sexual health information line https://www.kflaph.ca/en/clinics-and-classes/sexual-health-clinics.aspx
Connex Ontario	1-866-531-2600	24/7 access to information for mental health & addictions services in your community Available via phone, text, web-chat, and email https://www.connexontario.ca/en-ca/